

HOW COVID-19 VACCINES WORK

This is the COVID-19 virus. THESE are spikes that stick inside your throat, nose and eyes. When the spikes stick, the virus enters your body and you get sick. If you are sick, you can spread the virus by coughing or sneezing.



When you get the COVID-19 vaccine, it teaches your body to recognize and remember the spikes on the virus.



The vaccines do not contain the actual virus, so you cannot get COVID-19 from the vaccine. The vaccine does not change your DNA. They don't contain any pork products.

It is normal to have side effects from the vaccines. Side effects might include tiredness, body aches, headache or mild fever.



To get vaccinated, please call **651-266-1198** and choose a language when you hear the recording.



Some vaccines require two shots for you to get the best protection and to fight off the virus.

- Moderna – 2 shots, 28 days apart.
- Pfizer – 2 shots, 21 days apart.
- Johnson & Johnson – 1 shot.



If you are exposed to COVID-19 after getting the vaccine, your body recognizes the spikes and fights off the virus so you don't get sick.